



Friday, May 1

Northampton: Self-Guided Great Tree Bike Tour starts in Pulaski Park

Take a self-guided bike tour of some of New England's biggest and best trees! The approximately 8-mile one-way tour visits significant trees located in Northampton and Florence.

Saturday May 2 10:00 AM at 12:00 PM

Northampton: Connecticut River Greenway State Park Serve Day 20th Anniversary

Meet at the Elwell Recreation Area. 400 Damon Road, Northampton, MA. Contact Matt Perry, matthew.s.perry@mass.gov for accessibility information.

Sunday, May 3

National Ride a Bike Day

Celebrating is simple: go for a ride — any ride. Whether it's a short trip on a bikeshare bike or a double century, any way you choose to ride a bike is the right way to ride a bike.

Mondays May 4, 11, 18, 25 at 5:30 PM

East Longmeadow: Group Rides

(Road Bike) rides meet at 5:00 PM to roll at 5:30 PM leaving from Competitive Edge Ski and Bike Shop at 612 North Main St, East Longmeadow.

Tuesday May 5 at 5:30 PM – 7:30 PM

Turners Falls: Gear Repair Meetup

All Bodies on Bikes Western Mass with [Swansons Stash House](#), 320 Avenue A, Turners Falls, MA 01376. Hang out with friends and work on some projects! Learn about repairing gear and use equipment at the Stash House to get yourself ready to go for the season!

Wednesday May 6

MA Walk, Bike & Roll to School Day

Celebrate active transportation by jumpstarting walking and biking to school in the community. Learn more about participating, register, or request promotional materials by reaching out to their [Safe Routes to School Outreach Coordinator](#).

Wednesdays May 6, 13, 20, 27 at 5:30 PM

East Longmeadow: Ladies Road Ride

(Women Specific) rides meet at 5:00 PM to roll at 5:30 PM leaving Competitive Edge Ski and Bike Shop at 612 North Main St, East Longmeadow.

Thursdays May 7, 14, 21, 28 at 6:00 PM

East Longmeadow: Group Rides

(Mountain Bike) (location to be determined). See [Competitive Edge FB Page](#) for ride details or call 413-737-7495 Rides require a bike in good working order, water, helmet, subject to weather.

Saturday May 9 at 10:00 AM – 12:00 PM

Northampton: The Great Tree Ride

Meet at the Roundhouse Parking Lot at 10 AM. We'll ride 5 paved miles through Northampton at around a 5-mph pace, stopping several times to look at the coolest trees! We'll end the ride right back where we started, with snacks! All are welcome at this inclusive social ride. More info and signup: bit.ly/trees-ride

Saturday May 9 at 10:00 AM – 12:00 PM

Northampton: Free Bike Repair Event

Volunteer mechanics from [Bikes for All](#) will set up on the Forbes Library Lawn to help you get ready to ride! Mechanics will be available to share information about bike programs, offer free minor fixes and adjustments to your bike, answer questions about how your bike works, and conduct u-fixit demos.

Monday – Sunday Monday May 11 – Sunday May 17

Bike to Work Week 2026

Discover how biking to work is fun and a great way to clear your head. In addition to saving money on gas, shrinking your carbon footprint and waistline, perhaps get there faster!

Tuesday May 12 at 8:00 AM – 9:30 AM

Greenfield: Franklin County 2026 Bike Breakfast

Please come by for coffee, juice, breakfast snacks, or just to say hello. We will be sharing our exciting work updating and refreshing the Franklin County Bikeway maps. The FRTA will have one of their buses available for people to try out loading and unloading a bike from the racks. Come and share your favorite places to ride or other bike commuting tips. Location is the John W. Olver Transit Center at 12 Olive St, Greenfield, MA.

Tuesday May 12 at 5:30 PM

Northampton: Bike Tour of Conservation Properties in Ward 3

Starting at the Terrace Trails behind the College Church and the Cutchins Programs, ride 3 ½ miles at a conversational pace to the Connecticut River Greenway, stopping along the way at the Montview Conservation Area, the Jail Farm, and Sheldon Field, and return the same way. At each stop, we will share a bit about the property's history and current status. Ride hosted by the Meadow City Conservation Coalition.

Wednesday May 13 at 7:30 AM – 9:30 AM

Northampton: Community 2026 Bike Breakfast

Celebrate Bike to Work Week at our Community Bike Breakfast at Pulaski Park. Enjoy free refreshments with your new and old friends while browsing the tables of area cycling groups. A short speaker program and the city's proclamation of Bike to Work Week are just some of the highlights.

Wednesday May 13 at 11:00 AM – 2:00 PM

Northampton: Leisurely Intergenerational Ride to Look Park

Meet at the Senior Center at 67 Conz St, Northampton, MA 01060 to ride down Fruit Street to Old South where we will get on the bike path to Look Park. We will ride at a conversational pace 4.5 miles to the park where we'll stop for lunch (BYO) and then head back the way we came to the Senior Center. Led by Mac Everett, Jeff Leshin, Barbara Smith, and Howard Moore. **Rain Date:** May 20.

Wednesday May 13 at 6:00 PM – 8:00 PM

Northampton: Introduction to Bikepacking

Curious about bike camping/bikepacking? This 2-hour session at will go over a ton of basics so you can be ready to design your own amazing trip.

[Northampton Bicycle](#) at 319 Pleasant St, Northampton, MA.

Thursday May 14 at 6:00 PM – 8:00 PM

Northampton: Bike Week Social

Come mix with us!! Learn a bit about what Strong Towns Northampton is doing, feast, and mostly hang out with the coolest kids in town: BIKE RIDERS! Dirty Truth is providing free fries for our guests; drinks are on you... Dirty Truth, 29 Main St, Northampton, MA

Saturday May 16 at 11:30 AM – 2:30 PM

Northampton: Bike Lab Workshop

Anyone wanting to learn more and/or share what they know about basic bike maintenance and repairs, is welcome to stop by these free informal workshops. Hosted by [Pedal People](#) at 12 Northern Ave. Northampton

Saturday May 16 at 12:00 PM

Springfield: World's Largest Pancake Breakfast Bike Valet

Enjoy valet parking for bikes and a free breakfast ticket for cyclists at the Beacon Bank parking lot on Harrison Avenue near the new Convention Center Carpark in downtown. [WalkBike Springfield](#) with support from Spirit of Springfield, Berkshire Bank and MassBike.

Sunday May 17 at 8:30 AM

Northampton: Intro to Group Riding

Curious about group riding but not sure where to start? Join [Bikes Fight Cancer](#) and Leila from Northampton Bicycle for an Intro. Gather at Veterans' Field at 88 West St., Northampton, MA for a 15-mile ride (mostly on the rail trail).

Sunday May 17 at 10:00 AM – 12:00 PM

Northampton: Cargo Bike Meetup

Come try out a cargo bike at the Agnes Fox Playground. Hosted by Strong Towns Northampton

Sunday May 17 at 10:00 AM

Easthampton: Mayor's Ride

Come join the Mayor and friends on a relaxing ride along the Manhan Rail Trail. Ride starts at Millside Park at 2 ferry St., Easthampton, MA.

Tuesday May 19 at 5:30 PM

Westfield: Mayor's Ride

Join [Mayor McCabe and Friends of the Columbia Greenway Rail Trail](#) along a family-friendly bike ride through Westfield and the Columbia Greenway Trail. Helmets recommended. Westfield City Hall, 59 Court Street, Westfield MA.

Rain Date: Tuesday, May 26.

Wednesday May 20 at 6:00 PM

Westfield: Ride of Silence

To honor cyclists killed or injured while raising awareness about cyclists' legal right to the road. Ride at 12 mph max., wear helmets, follow rules of the road and remain silent. Begins at the Westfield Middle School at 12 West Silver Street to Western Ave., turning around near Westfield State University.

Rain Date: Saturday, May 23.

Thursday May 21 at 6:00 PM

Northampton: Monthly Bike Party

A family-friendly bike ride through Northampton neighborhoods. Ride begins at Pulaski Park, 240 Main St, Northampton, MA.

Thursday May 28 at 5:00 PM

Holyoke: Mayor's Ride

Explore Holyoke by bike with Mayor Garcia on a casual ride around the Paper City. Ride begins and ends at Fame Lounge/Eatery, 386 Dwight St, Holyoke, MA.

Sunday May 31 at 8:00 AM

Springfield: Springfield's 17 Neighborhood Ride

Starts and ends at the Pioneer Valley Riverfront Club near the North End Bridge on the CT River Walk and Bikeway at 121 West St, Springfield, MA. This recreational, 30-mile, no-drop ride winds through all 17 neighborhoods of Springfield. Rest stops are at 17 miles (Breckwood Plaza) and mile 28 (Rad Bike on Bridge St). More information at: <https://www.springfieldallneighborhoodride.com/>

<https://pvpc.org/news/may-is-bay-state-bike-commute-month/>

<https://www.massbike.org/massachusetts-bike-friendly-events-calendar>

Use the QR code to find the Bay State Bike Month website

